



Giving back lives so communities *thrive.*

Ideal Option is a leading national provider of evidence-based, low-barrier medication-assisted treatment for substance use disorder.



A national leader in office-based opioid treatment.

Ideal Option has been working on the front lines of the opioid epidemic since our founders – two ER physicians – opened the first clinic in 2012.

Today, Ideal Option employs more than 100 addiction medicine providers in 70+ outpatient clinics across 10 states. We're proud to have helped more than 35,000 patients on their journey to long-term, stable recovery from addiction.



70+

Ideal Option operates more than 70 outpatient clinics across Alaska, Arkansas, Idaho, Maryland, Minnesota, Montana, New Mexico, North Dakota, Oregon, and Washington.



35k

Ideal Option has helped more than 35,000 people battle addiction to opioids and other substances with evidence-based medication-assisted treatment.



100

Ideal Option employs more than 100 physicians, nurse practitioners, physician assistants, and other medical professionals who are experienced and passionate about addiction medicine and individualized patient care.



Low-barrier and evidence-based means more patients start treatment, stay in treatment, and achieve stable recovery.



NO WAIT LISTS

Patients are scheduled for their first appointment within 24 hours or on the same day if possible. Walk-ins are welcome, virtual visits are available for eligible patients, and urgent referrals from community partners are prioritized.



NO FINANCIAL BARRIERS

We endeavor to help every patient who comes to us, regardless of insurance status. All forms of insurance — including Medicaid and Medicare — are accepted. Financial assistance and payment plans are also available.



NO OVERNIGHT STAYS

Ideal Option provides treatment in an outpatient setting that feels like a primary care clinic. Our convenient locations allow patients to maintain relationships with family and take advantage of training and employment opportunities.



NO PENALTIES

We understand that addiction is a chronic medical condition where slips and relapses are common. While return-to-use episodes will result in a review of a patient's treatment plan, patients are never penalized or expelled.





OPIOID USE DISORDER IS A TREATABLE CHRONIC DISEASE

Opioid use disorder is a chronic brain disease. Like other chronic diseases, the goal of treatment is to appropriately manage the condition rather than cure the disease. Medication-assisted treatment (MAT) is the recommended treatment modality for people with opioid use disorder. At Ideal Option we provide both medical and behavioral health services.

“Medication-assisted treatment combined with psychosocial therapies and community-based recovery supports is the gold standard for treating opioid addiction.”

U.S. SURGEON GENERAL



MEDICAL

Ideal Option’s trained, experienced providers treat addiction to all substances, including opioids, methamphetamines, alcohol, marijuana, and tobacco. We complete comprehensive histories, perform physical examinations, and obtain appropriate labs at our clinic. We prescribe medication like Suboxone® / buprenorphine, Vivitrol® / naltrexone, disulfiram, acamprosate, gabapentin, carbamazepine, and pregabalin.



BEHAVIORAL

Ideal Balance counselors are licensed substance use disorder professionals co-located in several Ideal Option clinics. Counselors provide individualized behavioral health services and referrals to therapy, housing, food, transportation, job placement services, training programs, and other social services to support recovery. Costs are covered by insurance, including Medicaid.

Ideal Option’s four-phased treatment approach follows the published evidence.

Adjustments to visit frequency, dosage, and prescriptions are made at our providers’ discretion to meet the medical, safety and lifestyle needs of each patient.



Stage 1
Weeks 1-2
2 visits per week



Stage 2
Weeks 3-7
1 visit per week



Stage 3
1 visit every 2 weeks



Stage 4
1 visit every 3-4 weeks

A global problem with local solutions.

Ideal Option is proud to work alongside treatment, recovery, government, and healthcare organizations on the front lines of the opioid crisis.



JAILS, LAW ENFORCEMENT, DRUG COURTS

Ideal Option has extensive experience working with criminal justice partners to provide medication-assisted treatment in the field and/or facilitate warm handoffs to ongoing treatment. We also provide regular reporting on key data points, such as lab results and patient attendance.



HOSPITALS, PRIMARY CARE, INPATIENT

Ideal Option routinely accepts referrals from emergency departments, primary care providers, and other addiction treatment facilities – both inpatient and outpatient. In most cases, referrals are processed immediately, and patients are seen within 24 hours.



COMMUNITY BASED ORGANIZATIONS

Ideal Option partners with community based organizations and leaders at the local, state, and county levels to ensure individuals with substance use disorder are given rapid access to the right treatment and services at the right time in their quest to rebuild their lives.

“Thank God I heard about Ideal Option from my doctor and called them! From the first time I walked in the door, **I felt like a respected human being instead of an addict.** The provider and staff were so sweet. I now have two years clean off of pain meds. Thank God for these people! I have never been treated with such kindness! It’s all about being honest, and they will work with you to develop a unique treatment plan that works.”

📍 Ideal Option Patient

“After a devastating 15+ year heroin addiction and ending up homeless and then in jail, I finally found something that works. When I was released from jail, a lady who worked there told me about Ideal Option. **Their providers and Suboxone have completely turned my life around.** I’m now a business owner and a married man with a wonderful family. I will never look back to the evils of opioids, thanks much in part to this miracle drug and Ideal Option.”

📍 Ideal Option Patient



TO LEARN MORE:

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