



## NAR-ANON FAMILY GROUPS

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### **Are you affected by someone else's addiction?**

Nar-Anon Family Groups is a worldwide fellowship for the family and friends of those suffering from the disease of addiction. As a Twelve-Step program, we offer our help by sharing our experience, strength, and hope. The Nar-Anon program is based on a set of spiritual principles and has no affiliation with any particular denomination. We have no dues or fees. The only requirement for membership is a problem of addiction in a relative or friend.

For a list of meetings, including virtual meetings via Zoom, please visit <https://www.nar-anon.org/find-a-meeting>