



Diagnostic Evaluations

To determine diagnosis or lack of and make a recommendation to one of the programs below if indicated. These are provided at no charge.

Family Education

Focused lectures and group discussions about the nature of a substance use disorder and its effect upon the family.

Medical Withdrawal Management

Medically supervised care (usually 2-5 days) of the individual during withdrawal from the acute effects of alcohol or any intoxicant.

Intensive Inpatient

Provides a concentrated, medically monitored residential program, combining total abstinence, good nutrition, re-education, individual and group therapy, and related therapeutic activities to detoxified individuals. Ongoing care is coordinated with our outpatient network and provided as clinically indicated.

Intensive Outpatient Program

A focused, concentrated program of group and individual therapy and evaluation for individuals who can obtain and/or maintain abstinence without inpatient treatment. The initial program includes 72 hours of intensive treatment and ongoing care as clinically indicated.

Level One Outpatient Program:

A focused, concentrated 6 week program consisting of mental health evaluation, group and individual therapy, and case management for individuals designed to treat mild substance use disorders.

**Offered at select locations*

Mental Health Outpatient Program

The mental health program services include mental health evaluations, individual and group therapy, family and relationship counseling, and case management for individuals addressing mental health issues while in recovery from a substance use disorder. Offering treatment for a wide range of mental health concerns, such as depression, anxiety, trauma, grief, and social stressors. One does not need to be in treatment at Lakeside-Milam to receive mental health services. All mental health services are provided by master's level therapists.

Gender Specific Residential Treatment

Following withdrawal management, young adults ages 18-25 in need of residential treatment will receive care in a gender specific program at our Kirkland campus. Treatment is tailored to each individual and their unique needs. The treatment protocol is rooted in the program of care Lakeside-Milam has refined over 35 years of delivering residential treatment. Individuals participate in educational programming, process groups, and individual counseling. Therapeutic activities such as art, exercise, life skills, and enhanced discharge planning help build the foundation of meaningful recovery.

Long Term Care

While living at The Lodge, a lovely six bedroom home on 5 secluded acres, men participate in the structured Foundation Program. Designed for individuals who have had prior treatment, men participate for 60-90 days in intensive outpatient treatment as they slowly acclimate into a clean and sober lifestyle with the support and supervision of staff in this transitional living environment.



Washington's First Choice for Effective, Affordable Alcohol and Drug Treatment

Main Office

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Phone: (425) 823-3116
Toll Free: (800) 231-4303

Kirkland Inpatient/Withdrawal Management

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Kirkland, Washington 98034
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Toll Free: (800) 231-4303

Western Washington Outpatients

Auburn

721 45th St. NE, Suite C
Auburn, Washington 98002
Fax: (253) 859-0789
Phone: (253) 859-6436

Kirkland

6725 116th Ave NE Ste. 110
Kirkland, Washington 98033
Fax: (425) 828-0454
Phone: (425) 822-5095

Seattle - Downtown

2815 Eastlake Ave E, Ste. 100
Seattle, Washington 98102
Fax: (206) 341-9917
Phone: (206) 341-9373

Everett

9930 Evergreen Way
Building X, Ste. 103
Everett, Washington 98204
Fax: (425) 267-9062
Phone: (425) 267-9573

Puyallup

405 W Stewart Ave. Ste. A
Puyallup, Washington 98371
Fax: (253) 848-9496
Phone: (253) 840-8687

Seattle- South

1000 SW 7th, Ste. B
Renton, Washington 98057
Fax: (425) 430-9770
Phone: (206) 248-4358

Issaquah

300 NE Gilman Blvd, Ste. 200
Issaquah, Washington 98027
Fax: (425) 392-1792
Phone: (425) 392-8468

North Seattle

7935 Lake Ballinger Way
Edmonds, Washington 98026
Fax: (425) 672-0622
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Tacoma

3315 S 23rd St. Ste. 102
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We can help

