

*There is help for those
who struggle with opioid use.*



Medication Assisted Treatment in Snohomish County is located at the following Sea Mar clinic:

**Sea Mar Monroe
Behavioral Health Clinic**
14090 Fryelands Blvd. SE, Suite 347
Monroe, WA 98272
P: 360.805.3122
F: 360.805.9180



MAT Program

Medication Assisted Treatment for Opioid Use

Sea Mar Behavioral Health Department

Serving our communities in Snohomish County



www.seamar.org



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What is the purpose of the MAT program?

The purpose of the Medication Assisted Treatment program (MAT) is to help individuals with opioid use disorder throughout their journey to a successful recovery. Through the proper use of prescription medications and a mutually respectful treatment relationship, it is possible to be freed from the withdrawal and craving associated with opioid use disorder.

With the MAT program, Sea Mar can help individuals live a satisfying and productive life free from the pain caused by the misuse of and addiction to illicit and/or prescription drugs.

Clients will be treated with dignity and respect.

Program Referrals

Please call the Sea Mar Monroe Behavioral Health Clinic at 360.805.3122 and ask for the MAT program. Let them know your doctor would like you to:

- Do a phone screen;
- Schedule an assessment; or
- Complete an orientation within two weeks because you have already been started on Medication Assisted Treatment.

Self referrals are also welcome!

Programs offered

Long-Term Detoxification (6 months)

This will be a taper off of opioid treatment medication (using buprenorphine/naloxone).

Buprenorphine/naloxone (Suboxone) Maintenance

An outpatient program for buprenorphine where a client can receive up to a month of medication at a time.

Naltrexone (Vivitrol)

Antagonist treatment that can block the effects of opioids. Often given as an intramuscular injection that lasts up to 30 days. Naltrexone has also shown promising results for those that struggle with Alcohol Use Disorder.

Naloxone

We encourage all program participants and family members to be educated on overdose intervention and have available Naloxone in case of an overdose. Often times we find that these are not used for the individuals enrolled in treatment, but are administered to their friends or family members who often have problems with opioids and overdose.

Admission

Phone Screening

Individuals seeking treatment should call 360.805.3122 and an initial screening for Medication Assisted Treatment will be done over the phone.

Assessments

You may be asked by your provider to come in and have an assessment to get a clearer history of your opioid use and to make sure you are appropriate for Medication Assisted Treatment.

**All participants are expected to have a Substance Use Disorder evaluation completed at Sea Mar and follow through with any treatment recommendations.*

Intake Appointment

Individuals deemed appropriate for care will be scheduled for an intake appointment with the nurse care manager. During this visit, an observed urine drug screen will be obtained, clinical and opioid use history will be gathered, paperwork will be completed, and the client will be oriented into the program.

Program Admission

Appointment with waived medical provider that includes a physical examination and induction. Appointment will be scheduled with the medical provider.

