

# Opioid Overdoses and Age

Age group with the highest opioid overdose-related death rate:  
**35 to 44 years old**

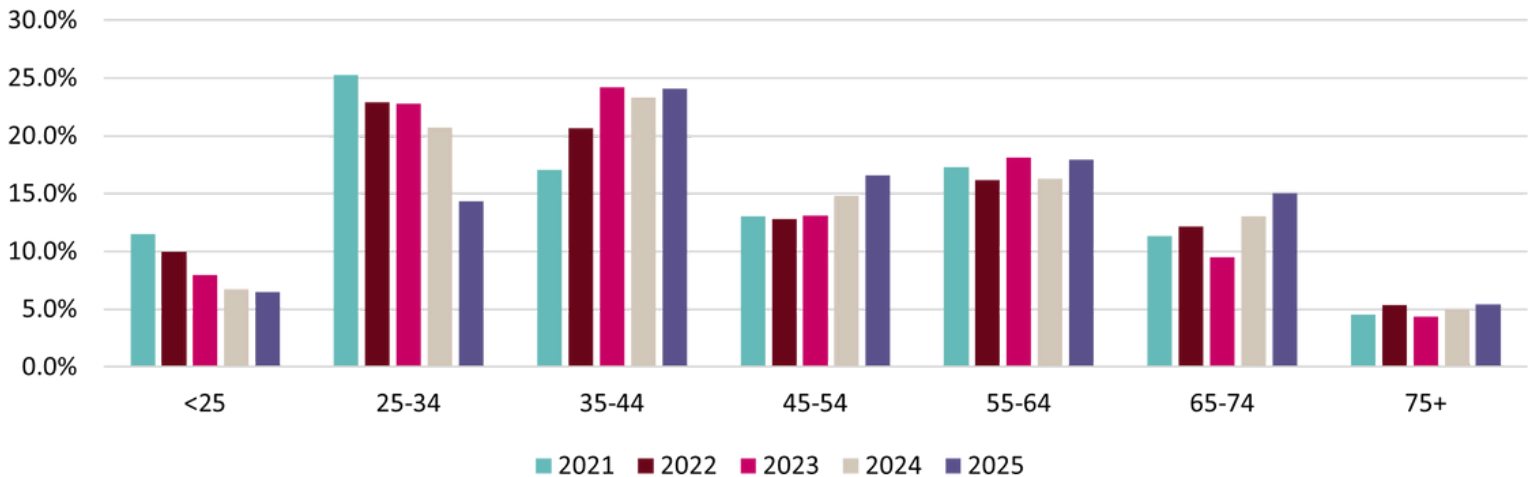
- **Snohomish County: 53.0 per 100,000 people, 2024** ([WADOH Opioid and Drug Use Dashboard](#)).
  - **Washington State: 59.3 per 100,000 people, 2024** ([WADOH Opioid and Drug Use Dashboard](#)).
  - **National: 60.8 per 100,000 people\***, 2023 ([CDC, 2024](#)).
- \*National death rate represents all drug overdose deaths, data for opioid specific death rate is not available.

Age group with the largest percent of suspected opioid overdose emergency department (ED) visits:

- **Snohomish County: 35 to 44 years old (23.3%)**, followed by 25 to 34 years old (20.8%) 2024 (RHINO).
- **Washington State: 25 to 34 years old (24.1%)**, followed by 35 to 44 years old (24.0%), 2024 (RHINO).
- **National: 26 to 44 years old (45.9%)**, 2022-2024 ([SAMHSA, 2025](#)).

Note: Age range, year, and measure (rate vs. percent) provided are dependent on availability from each data source.

Percent of Suspected Opioid Overdose Emergency Department Visits in Snohomish County by Age Group and Year



Rapid Health Information Network (RHINO) Program, Washington State Department of Health

In the past 5 years, the percent of ED visits for suspected opioid overdose in Snohomish County:

- ↓ **decreased** from 11.5% in 2021 to 6.5% in 2025 in those **younger than 25 years**
- ↓ **decreased** from 25.3% in 2021 to 14.4% in 2025 in those **25 to 34 years old**
- ↑ **increased** from 17.0% in 2021 to 24.1% in 2025 in those **35 to 44 years old**
- ↑ **increased** from 13.0% in 2021 to 16.6% in 2025 in those **45 to 54 years old**
- ↑ **increased** from 17.3% in 2021 to 17.9% in 2025 in those **55 to 64 years old**
- ↑ **increased** from 11.3% in 2021 to 15.1% in 2025 in those **65 to 74 years old**
- ↑ **increased** from 4.6% in 2021 to 5.4% in 2025 in those **75 years and older**

Was **highest** (averaging 22% of visits) in those **35 to 44 years old**, followed by those **25 to 34 (21% of visits)**.

Opioid overdose-related ED visits for all ages peaked in 2023 and have since been decreasing in Snohomish County. The percent of ED visits among people aged 35 to 44 years old have shown the largest increase since 2021. This age group also had the highest opioid overdose death rate (53 per 100,000 people) in the most recent year of data. As ED visits for suspected opioid overdoses have shifted to older populations in recent years, **targeted overdose prevention efforts should focus on individuals 35 to 44 years old to reduce opioid overdose-related ED visits and deaths in Snohomish County.**

For more information and resources, visit [snohomishoverdoseprevention.com](https://snohomishoverdoseprevention.com)